eliminating racism
empowering women
ywca

YWCA of Western Wayne County Head Start
PARENT INTEREST SURVEY

TO HELP US PLAN, PLEASE COMPLETE THIS FORM.

Name: ____ **Email:** ___________________________________

Center: ____ **Gender: Male**_____ **Female**_____

What's the best day and time for you to attend our monthly Parent Committee meeting and/or activities?
Please circle your response: DAY - **Monday** **Tuesday** **Wednesday** **Thursday** **Friday**
TIME - **AM**–before noon **PM**–between noon-6 PM **Evenings**–after 6 pm
Will you need childcare during the meeting? ___ Yes ___ No

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Head Start is Parent Education – During the year we will be scheduling speakers who will speak on different topics. Parent Activity Funds are available for training and workshops. Please check **five** topics you are most interested in.

Literacy
___reading to children
___children & TV

Nutrition
___stretching your food dollars
___eating tips for good health
___meal planning

Budget/Finance
___household budgeting
___credit repair

Employment/Training
___job interview skills
___resume writing

Health
___first Aid & safety at home
___asthma/allergies
___depression
___dental health
___stop smoking tips
___child growth and development
___child discipline/behavior mgmt.
___child abuse/sexual abuse
___lead poisoning

Education
___continuing education
___financial aid

Adult Relationships
___communication skills
___single parenting
___coping with stress
___anger management
___domestic/family violence
___building self-esteem
___friend of the court

Community resources
___advocating for myself & my family
___protecting children from drugs & gangs

Other ideas: ____

Head Start is also about promoting good health, having fun and getting to know other parents during workshops and trainings.
Check the 3 activities you would most enjoy combining with a parent workshop.

___bowling
___roller skating
___playing volleyball
___cultural taste fest
___basic home repairs
___cooking class
___aerobic exercise/dance
___gardening
___learning yoga
___make-it, take-it activity
___playing basketball/softball
___singing/music

Any other ideas: ____

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Head Start is an opportunity to develop your leadership skills – You can gain experience and share your expertise by: attending the Parent Committee meetings, serving as an Officer of the Parent Committee, volunteering in the classroom, or participating on a Head Start agency-wide Advisory Committee with other parents and staff members (Health Services Advisory Committee, Education Advisory Committee, Family Literacy Advisory Committee, Diversity Advisory Committee).

Community Involvement – We can help parents organize and support projects that focus on efforts to improve your neighborhood and the community. List your suggestions here:
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